



About Us:

New Tides Counselling and Wellness is a medium sized counselling practice in Kitsilano Vancouver, focusing on long-term, attachment focused, embodied counselling, from a trauma-informed (or focused lens). As a team, we emphasize looking at healing and change from a **holistic approach which includes healthy body, mind, heart, spirit and community**. We offer individual and couples therapy, EMDR, as well supplementary services such as yoga and breathwork.

We often have clinicians join our team after working elsewhere that doesn't feel like a good fit – it's very important to us that our values align and that our team feel both supported within the structure of a group practice but also experience flexibility and respect to discuss and explore how to make their career feel good and sustainable!

The Position: Contract Counsellor **Hours:** Flexible part time or full time hours with opportunities to grow. This position includes the potential opportunity to move to an employee after 6 months (benefits, vacation, training stipend etc)

This position would be ideal for a Master's level clinical counsellor who is:

- Registered to practice in BC
- Trained in EMDR with strong foundations in attachment focused counselling and proficient in **long term work** with attachment trauma and complex PTSD
- Highly observant and mindful, with the ability to collaborate, and communicate effectively and professionally with clients, colleagues, and others as needed
- Interested in providing groups, workshops, or wellness/movement classes
- Excited to work with a dynamic team of counsellors and contribute to contributing to the co-creation of our clinic. We are a newer clinic (2018) and are very interested in co-creating a practice that can be a long term home and community to our team!
- Interested in the benefits of working privately without the responsibility and administrative/marketing aspects of managing a solo private practice
- Interested in holistic health and wellness, including aspects of spiritual health and wellness
- Understanding that you would be a self-employed contractor and ethically and legally responsible for your interactions with clients

Assets



- Having a background in another alternative/wellness focused practice that you are interested in offering would be a bonus ! (ie. RMT, Yoga, Breathwork, Nutrition, Psychedelic Integration etc.)
- Specialized trained and experience in bottom-up counselling modalities such as Attachment/Emotion focused couples counselling, experiential work, AEDP, Somatic Experiencing, Sensorimotor Psychotherapy, IFS

Responsibilities:

- Provides compassionate, skilled, and ethically sound services to individuals, and/or couples and groups/workshops, virtually and in person in Kitsilano
- Communicate with potential clients, and providing complimentary 15-minute consultations to prospective clients
- Manage client booking, invoicing and payments
- Engage in client tracking via our client management system to help our admin team support our clients
- Complete and maintain clinical records in a timely and professional manner
- Collaborate with other counsellors and admin team to schedule office space, track client status, and seek feedback from clients
- Participation in regular supervision with an experienced RCC or psychologist, ideally who specializes in trauma and attachment
- Participate regularly in group consultations provided by New Tides
- Maintain good professional standing with your regulatory body, an up to date business license, and professional liability insurance
- Maintain a strong sense of ethics and compliance to professional codes of conduct.

What we offer:

- Competitive commission-based compensation, with the option to move to an employee model
- Referrals (advertising both through our website and psychology today)
- Access to Jane administrative system for booking/billing/note taking
- Provision of shared office spaces near Broadway/Burrard as well as video platform for online sessions
- Monthly peer supervision group
- Administrative and counselling support / consultation with senior counsellors on our team
- Ongoing training opportunities and resources

We value:



- Commitment, reliability and open communication
- Openness to learn from each other
- A balance of independence and interdependence!
- Kindness and transparency, both within our interactions with clients and each other
- A desire to connect with other counsellors and co-create a community of holistic, mind-body focused counsellors and practitioners

Interested candidates, please send a resume and cover letter to morgan@newtides.ca.
Interview candidates will be expected to provide two recent references that capture candidate's skillset, experiences, potential, and personal qualities relevant to working in a group practice environment